

Southern ENT & Sinus Center

Medications to avoid before Allergy testing

Antihistamines –to stop 7 days prior to test

Claritin (loratadine), Zyrtec (cetirizine), Allegra (fexofenadine), Clarinx (desloratadine), Xyzal (levocetirizine), Astelin/Astepro nasal spray (azelastine), Dymista nasal spray, Patanasenasal spray (olopatadine), Antihistamine eye drops.

Antihistamines –to stop 48 hours prior to test

Benadryl (diphenhydramine), Chlor trimeton, Lodrane (brompheramine), Promethazine (for nausea), Antivert/Dramamine (meclizine-for dizziness), Atarax (hydroxyzine-for itching and anxiety), ALL "PM"preparations,ALL cold/allergy/sinus over the counter medications are suspect!

Anti-inflammatory –to stop 48 hours prior to test

Aspirin, Advil, Motrin (ibuprofen), Aleve, Naprosyn (naproxen), Celebrex, Flexeril,Excedrin –or any over the counter pain/arthritis medication with these ingredients.

Tricyclic Anti-depressant –to stop 14 days prior to test*You**

MUST consult your prescribing doctor before stopping these medications***

Elavil (amitriptyline), Pamelor (nortriptyline), Sinequan (doxepin HCL), Trazodone (desyrel), Triptil or Vivactil (protriptyline), Asendin (amoxapine), or Any anti-depressant that contains these ingredients.

Anti-anxiety –to stop 7 days prior to test

Xanax (alprazolam), Ativan (lorazepam), Valium (diazepam), Klonopin (clonazepam Versed)(midazolam) used for sedation for surgery or severe agitation.